



OCTOBER 2018

St. Michael's Lunch Menu

Mon	Tue	Wed	Thu	Fri
1 Lunch Buffet & Salad Bar	2 Tacos	3 Meat Tortellini w/ Marinara Sauce	4 Egg Salad Pita Fruit	5 Chicken Noodle Soup w/ Cheese Biscuit
8 Thanksgiving (No School)	9 Taco Salad	10 Cheese Pizza Bagels Veggies	11 Spaghetti w/ Meat Sauce	12 Chicken Ceaser Wraps
15 Pancakes Breakfast Sausage Fruit	16 Tacos	17 Cheese Quesadilla Salad	18 Beef Chili w/ Bun	19 PD DAY (No School)
22 1/2 Cheese Pizza Bagel Veggies	23 Taco Salad	24 Teriyaki Chicken Stir Fry w/ Chow Mein Noodles	25 Tuna Salad Pita Fruit	26 Hamburger Noodle Soup w/ Cheese Bun
29 Lunch Buffet & Salad Bar	30 Tacos	31 Spaghetti w/ Meat Sauce		

If your child would like more vegetables, fruit or snacks please send that to school on that day.