



# SEPTEMBER 2018

## St. Michael's Lunch Menu

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
<b>PREP WEEK</b>				
10	11	12	13	14
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17 Whole Wheat 1/2 Cheese Pizza Bagels w/ Veggies	18 Tacos	19 1 pce of Whole Wheat French Toast Applesauce	20 Whole Wheat Spaghetti w/ Meat Sauce	21 <b>PD DAY</b> (NO SCHOOL)
24 Whole Wheat Cheese Quesadilla Fruit	25 Taco Salad	26 Chicken noodle soup 1/2 Grilled Cheese	27 Breakfast Burrito Fruit	28 Beef Chile Whole Wheat Bun

\*If your child would like more vegetables, fruit or snacks please send that to school on that day.\*